High impact chronic pain is defined as pain that has lasted 3 months or longer AND is accompanied by at

least one major activity restriction, such as being unable to work outside the home, go to school, or do

household chores.

1. In the past 3 months, how often did you have pain?

\_ 0. Never \_ 1. Some days \_ 2. Most days \_ 3. Every day

1. Over the past 3 months, how often did pain limit your life or work activities?

\_ 0. Never \_ 1. Some days \_ 2. Most days \_ 3. Every day

Notes

Items come from CDC’s National Health Interview Survey (NHIS). PEG+ HICP also provides score for Revised Graded Chronic Pain Scale.

High impact chronic pain is a determination based on responses. A score of 2 or 3 on BOTH questions = High impact chronic pain

Reference:

Von Korff M, DeBar LL, Krebs EE, Kerns RD, Deyo RA, Keefe FJ. Graded chronic pain scale revised: mild, bothersome, and high-impact chronic pain. *Pain.* 2020;161(3):651 -661.

Dahlhamer J, Lucas J, Zelaya C, et al. Prevalence of Chronic Pain and High-Impact Chronic Pain Among Adults - United States, 2016. *MMWR Morbidity and mortality weekly report.* 2018;67(36):1001-1006.

Centers for Disease Control and Prevention [CDC]. National Health Interview Survey. Available at https://www.cdc.gov/nchs/nhis/index.htm