

A Workshop on Chronic Overlapping Pain Conditions

August 13-14, 2012

**Natcher Conference Center, Building 45
National Institutes of Health
Bethesda, Maryland**

**Day One
Monday, August 13, 2012**

8:30 am **Introductions and Welcome**
John Kusiak, Program Officer, NIDCR
Story Landis, Director, NINDS
Martha Somerman, Director, NIDCR
NIH Pain Policy Advisor
Workshop Co-chairs: Dan Clauw, Univ. of Michigan and Beth Unger, CDC

Guidance to the Workshop Members

Session 1: Overview and Epidemiology of Chronic Overlapping Pain Conditions

9:00 - 9:30 am **Overview of the meeting and chronic overlapping pain conditions**
Dan Clauw, Univ. of Michigan

9:30 - 9:40 am **Discussion**

9:40 - 10:00 am **Epidemiology of vulvodynia and overlapping conditions**
Barbara Reed, Univ. of Michigan

10:00 - 10:10 am **Discussion**

10:10 - 10:30 am **Epidemiologic approaches to pain progression: Lessons from migraine**
Richard Lipton, Albert Einstein College of Medicine

10:30 - 10:40 am **Discussion**

10:40 - 11:00 am **Coffee Break**

11:00 - 11:20 am **Overlapping pain conditions: Disparities and special populations**
Carmen Green, Univ. of Michigan

11:20 - 11:30 am **Discussion**

11:30 - 11:50am **The presence of multiple functional somatic syndromes may be a marker for a common pathogenesis**
John Warren, Univ. of Maryland Medical School

- 11:50 – 12:00pm** **Discussion**
- 12:00 – 12:30pm** **General Discussion**
- 12:30 – 1:30 pm** **Lunch** (on your own)

Session 2: Risk Factors and Mechanisms of Disease

- 1:30 – 1:50 pm** **Phenotypes/genotypes in common and specific to chronic overlapping pain conditions**
Bill Maixner, Univ. of North Carolina
- 1:50 – 2:00 pm** **Discussion**
- 2:00 – 2:20 pm** **Understanding chronic overlapping pain conditions: Lessons learned from twin studies**
Niloofer Afari, Univ. of California San Diego
- 2:20 – 2:30 pm** **Discussion**
- 2:30 – 2:50 pm** **Role of quantitative sensory testing in determining mechanisms of overlapping conditions**
Eli Eliav, Univ. of Medicine and Dentistry of New Jersey
- 2:50 – 3:00 pm** **Discussion**
- 3:00 – 3:20 pm** **What has the CDC’s ME/CFS program taught us about overlapping conditions?**
Beth Unger, CDC
- 3:20 – 3:30 pm** **Discussion**
- 3:30 – 4:00 pm** **General Discussion**
- 4:00 – 4:15 pm** **Break**
- 4:15 pm** **Patient/Advocate Forum:**
Terrie Cowley, The TMJ Association
Kim McCleary, The CFIDS Association of America
William Norton, International Foundation for Functional Gastrointestinal Disorders
Christin Veasley, National Vulvodynia Association
- 4:45 pm** **Summary and Adjourn for the day**

Day Two
Tuesday, August 14, 2012

Session 3: Current and Future Research Issues

- 8:30 – 8:50 am** **Patient reported outcomes: Which are most critical? Are new ones needed?**
David Williams, Univ. of Michigan
- 8:50 – 9:00 am** **Discussion**
- 9:00 – 9:20 am** **What can we learn from the study of other complex disorders using a systems biology approach (cardiovascular and autonomic nervous systems)?**
Daniel Beard, Medical College of Wisconsin
- 9:20 – 9:30 am** **Discussion**
- 9:30 – 9:50 am** **Large scale pain neuroimaging using the PAIN.LONI repository**
Bruce Naliboff, Univ. of California Los Angeles
- 9:50 – 10:00 am** **Discussion**
- 10:00 – 10:30 am** **General Discussion**
- 10:30 – 10:45** **Coffee Break**

Session 4: Breakout Groups

- 10:45 am** **Guidance to the Breakout Groups**
Co-chairs: Dan Clauw and Beth Unger
- 10:50 – 12:00 pm** **Breakout Groups Meet**
Room D: Approaches to standardize patient classification
Room B: Common mechanisms of disease
Room C1: Risk factors for trajectory of disease
Room C2: Development of research diagnostics and outcomes measures

Topics to be discussed by each group:

- Identify challenges/opportunities to advancing each area
- Identify new knowledge needed to go forward with each area
- How to develop a consensus approach
- What is feasible in 5 years/10 years?
- How to advance training and workforce growth in each area

12:00 – 1:00 pm Lunch

1:00 -2:00 pm Individual Reports from Breakout Groups

**2:00 – 3:30 pm Develop a consensus set of research recommendations
addressing the 5 discussion topics**

3:30 pm Wrap-up and Closing Comments
John Kusiak, NIDCR Story
Landis, NINDS Martha
Somerman, NIDCR NIH
Pain Policy Advisor